



Rallyround



19th of June 2011

Volume 18, Issue 5

Nunawading and District Horse and Pony club Inc. — A0003234C

PRESIDENT'S REPORT

Our club must be proud of what was a great Show jumping & Dressage day. With the biggest number of entries in many years, it was a great day for our club. This made the level of competition that much better as was evident on the scoreboard. There were some outstanding voluntary efforts in the lead up and on the day. There were some really big personal sacrifices that were noticed and it is amazing how much work goes in to the day. THANK-YOU. I don't want to miss anyone so I am not doing the name thing—suffice to say we know who you are. OK-except Janine & Rosemary! The small set up crew-thirsty and broken! The marshalls who stood their post all day with no breaks....especially when it bucketed rain. The money munching canteen!!! The gate at 6am! The scorers with 2400 lines to reconcile in dressage! There are just too many thank yous.

Thank you Mums & Dads from the riders...

Thank you riders for making us smile...cry...or just hold our breath.....

James Fitzpatrick

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OUT & ABOUT



Alex Benson on Indy: B grade

Monbulk SJ: equitation 1st. Top score 1st

St Margaret's SJ: 4th, 4th, 3rd overall



Tintern Horse Trials

Jade Coghlan

3rd Place—Grade 5 HT

Composite Team—5th Place

Jade Coghlan—Nuna D&S

Dressage 5B-1st place

Dressage 5C-3rd place

Overall dressage champion

Grade 5

Competition Day—Rosemary Howard

What a wonderful competition day we had. Thanks to a mammoth effort from all of you. The day ran very smoothly, and it was so great to see everyone pitching in to help.

The raffle made \$290—thanks again to Samantha Burke for your enthusiasm in selling so many tickets!! Many thanks for your raffle donations or for getting donations from outside the club. Our cake table raised around \$70—thanks to all those cooks who made such yummy treats. The coffee van added around \$60 to the days takings and seemed to do a constant trade all day. To our canteen leader Deb and to all of those who helped her out, thanks so much for the hot food all day and for well over \$1,000 in profit. WOW! Final profit for the day will be known soon.

Huge thanks must go to Janine for such a great job with entry forms, entries, TIMES, ribbons, judge bookings, payments, etc. Thanks Bronwyn for doing the complicated job of scoring—sorry you missed all the outside action. We received lovely feedback from outside competitors about how they enjoyed coming to our competition days because they are so well organised and everyone is so friendly and helpful.

Special mention must go to Peta and Mary for helping out all day even though their girls have long left the club. Sarah and Zoe did a great job at handling those grading cards and back numbers too.



So again, thanks to everyone else who pencilled, scored, parked floats, announced, opened gates, set up, packed up, did coffee runs to judges, washed dishes, sold tea and cake, put up jumps, scooped the poo, stewarded rings, swept the floors, stood at the BBQ, and all the other things that had to be done on the day. Everyone should be very proud of their efforts and of our great little pony club. See you all in October to do it all over again.PS.

Congratulations to all our ribbon winners and their horses—there seemed to be so many purple jumpers collecting ribbons.

DC's Report—Bronwyn Potton

Hello again everyone,

I don't exactly know what the weather has been like in Melbourne but down in Gippsland it has been freezing. I hope you have all been keeping warm and as dry as possible and that goes for your horses and ponies to!

Our Dressage and Showjumping day was very successful with a lot of our riders coming home with ribbons and trophies. Congratulations to all of you who participated, you should all be very proud of yourselves. A **BIG THANK-YOU** to all that helped, parents, and members who didn't ride on the day including some of the non-owners. You all helped to make this day very successful!

I am confident that we can run another terrific competition in October for our Combined Training day.

I would like to wish Good Luck to the grade 3 and 4 riders that have put in their interest to represent our club and zone at the inter-zone horse trials at the end of next month. I am sure you will do us Proud!

We have a game session set for the afternoon again. With some fun and exciting games to be played! I heard that it went very well last month, so I hope you are all looking forward to it again this month.

Pony Club Australia Nationals are coming up in September this year, and Victoria is hosting it. This is a great opportunity to see the best pony club riders in Australia compete against each other. This event only happen once every 2 years, and is hosted by a different state each time. It will be held at Werribee park equestrian centre. This competition runs for a week and covers all disciplines of Dressage, Showjumping, Horse trials, and mounted games.

There is an opportunity for you guys to get involved if you like. They will be requiring 80 horses for the games competition. If you think your horse/pony may be ideal for this then, may be you can donate them for the day. I am sure that you guys will be needed to help saddle and hold horses during the day for the riders. Keep your eyes posted on the PCAV website for more details as the event gets closer. This event will not be held in Victoria for more than 10 years, thus take the opportunity to see it. Who knows maybe one of you will be selected this year or in the future to represent Victoria, as I did 2 years ago in Sydney. It is a lot of fun!

If you wish to be upgraded this month, can you please drop me a line, message, or e-mail, or even facebook me. Just so I can let your instructor know on the day. Some of you have already let me know, so thank-you.

Additionally to this can you also please let me know if you are unable to make it on Sunday.

Finally DON'T FORGET to put your grading cards in the box, in the morning, so they can be updated during the day.

I hope you all stay safe when riding, and I will see you on Sunday at Rally!

Nunawading Pony Clubs Tour of the Victorian Mounted Police Academy and Stable Complex Open House Tour.

**Either, Saturday 30th or Sunday 31st July. 2011
(Need to choose one date as a group).**

I have arranged a tour for members and families whom wish to attending on one of the two dates above a tour of the Victorian Mounted Police Academy and Stables as a group. Please place you name down on the list at this June Rally to Confirm which date suites majority of us. (or you can phone me on 9889 3037). 10am Tour start for either day.

I am also planing for members and families to go to the Botanical Gardens for a picnic lunch after our tour of the academy, BYO lunch (weather permitting).

The last time we attended the club hire a bus through a members relative , which was at low cost. However we might need to arrange private cars on this occasion as the cost of hiring a bus is now very expensive.

More information to come when we sort which date suites .

These tour are very interesting with mounted police officers riding, displaying and explaining how they train their horses with noise, obstacles, and crowd control then group tours of the stable complex, tack room etc. Well worth a visit.

Christie D'Ortenzio

Is your Horse really Fit?

For harder work, such as eventing and the 40 kilometre ride, the horse must be fitter. To bring a horse from good working condition to hard condition will probably take about four weeks. He should be ridden six days a week, of possible. He will need a suitable program of work and exercise, with feed adjusted accordingly.

What is the difference between Work and Exercise?

Work	Exercise
Work for the horse requires physical effort of one sort or another, plus concentration and often considerable courage. If he is properly conditioned and trained, he should enjoy it. Training (work), dressage, jumping, etc, often require more concentration, especially when he is learning new things.	This is sustained, steady activity, comparable to an athlete's jogging, which gradually develops muscles and lung capacity. It must be interesting and mentally relaxing to both horse and rider.
Fast or 'pace' work - Strong canter or gallop. Some is essential for horses whose work requires speed or endurance, to clear their wind, strengthen muscles and, in some cases, to sharpen them up. Too much, especially if the horse is a highly strung thoroughbred type, may hot him up, run him up, put him off his feed or cause unsoundness. Once a week is ample for most horses, but if pace work is new to you, do get advice from an experienced person as to what your particular horse needs.	Pace - mainly a brisk walk or a steady trot Terrain. As varied as possible - on the road, around the farm, on hills, on the beach, what ever is available. Some road work helps to harden the horse's legs, but the pace must be steady and the surface smooth, not stony. If you must cross any ground that is rough, heavy or slippery, do so at a walk. Long steady trots up a gradual incline are wonderful for building up the muscles of the loins and hindquarters and clearing the wind.

Finding the Balance Between Work and Exercise

1. Most horses need an average of one and a half hours overall riding daily to get and keep them even moderately fit.
2. Training is necessary to develop the ability of both horse and rider. The essential thing here is quality, rather than quantity - half an hour is usually enough.
3. Therefore the balance must be made up of exercise

With too much work, the horse may become stale and edgy and go back on performance. He may even go off his feed and lose condition. If any of these signs appear, give exercise only for a few days. In any case, one day a week could be devoted to a good, long exercise ride.

You may find it more convenient, and better for some horses, to divide your riding time, perhaps working the horse in the morning and exercising him in the afternoon.

Signs of fitness

As the horse gets fitter, he should:

1. Lose any excess fat, but he must not be run up or show ribs or poverty marks.
2. Become more muscular, especially on the crest, shoulders, loins, hindquarters, forearm and thigh. The muscles should be strong, but rippling, not rigid.
3. Sweat less, and sweat should become clearer and dry more quickly.
4. Feel stronger and probably livelier when ridden. You should feel that he is enjoying his work, and that it is becoming easier for him.
5. Show all the signs of good health - clear eyes, alert expression, loose shining coat, cool fine legs with no suggestion of puffiness or heat, good appetite.

Since every rider's objectives will vary to some extent, and every horse is an individual, hard and fast rules cannot be laid down. It may, however, be said that to get and stay fit, any horse must have:

1. Regular dosing, to keep internal parasites to a minimum
2. Unlimited fresh, clean water.
3. Feed of the right type and in the right quantity for the work he is doing. The harder the work, the more hard feed will be needed, but he must always have sufficient bulk.'
4. Thorough daily grooming.
5. Rest - a day off once a week. A period of peace and quiet during each day, especially if he is being ridden twice, is most important.
6. A balanced program of work and exercise, tailor-made for him. Ask your instructor to help you work this out.

The whole art of conditioning lies in bringing the horse to a state where he has the necessary energy and stamina for his work, while remaining sensible and manageable. Acute daily observation is the crux of the matter, so that you notice the smallest changes in condition and behaviour at once, and adjust your management accordingly.

Roughing off

The gradual letting-down of condition before giving the horse a spell. Suddenly to stop riding or feeding a horse who has been in hard work on a concentrated diet would be just the kind of abrupt change that is to be avoided.

Cut down both work and feed gradually, confine grooming to remove mud and sweat and keeping the horse tidy. If he is to have his spell at a warm time of the year, he will be better without a rug, so start by taking it off in the daytime. The process should take about two weeks from hunting or eventing fitness to turning out.

If the horse has been stabled, letting him down slowly is even more important. He should only be put out in the paddock for about an hour at first, especially if the grass is rich, so that his system can adjust to the change in diet.

It is best to have the shoes removed and the feet trimmed before turning out. This helps to ensure greater frog contact which keeps the heels open, and the feet will benefit generally from the spell without shoes. If the feet are brittle or the ground rough and hard, the front feet may be left shod with "grass tips" (short half sized shoes).

A horse in constant work should have at least three or four weeks' spell yearly. During this time, if he normally lives in a small paddock, it would be an advantage if grazing on a farm could be arranged. This would provide an opportunity to clean up and manure his paddock and make a most welcome change for the horse.



Monash Pony Club

Dressage & Combined Training Day

Sunday 26th June 2011

Drummies Bridge Reserve, High Street Rd, Glen Waverley

Registration form and payment by Friday the 17th of June.

See website for details and entry form

(unable to cut and paste onto our newsletter)

ELIAS GARRET & KARA



R. R CHRISTAL ROCK (RUFFY)

15.3 1/2hh, 15yo, chestnut, Warmblood by Kendallee Idle Rock (Rocadero imp GER) x Flaneur. 'R.R Christal Rock' is a magnificent, educated mare with three expressive balanced paces, currently schooling elementary/medium with changes. 'Ruffy' has taken her current rider (teenage girl) through the ranks and has been accepted on the Victorian Young Rider Dressage Squad 2009, 2010 & 2011. She is a delight to handle in every way and is a pleasure to take out and compete as well as going on a trail ride. 'Ruffy' also has a good jumping ability. Ruffy is sadly offered for sale due to rider moving onto a new mount. \$8,500 neg (to the best of homes only).

Contact Julie 0417 327 270, (03) 9704 1979, Narre Warren South, Berwick, Vic.

(Email received 27/5/11)

Rally Plan

Kate Wilson—Chief Instructor

Appaloosas	Sarah Priestly	Blacks	Nicky Mullens
Samantha Burke Natalie Tan Phoebe Schramko Tahlia Schramko Yasmine Jackson Madison Martin Jacqui Grande Shanice Grosvenor	Riding and horsemastership.	Abbey Williamson Michelle Rowson Ella Garrett Milena Fanciullo	9.30 – Gear Check 9.45am – Flat-Gravel #2 10.45am – Horse- mastership 11.45 – LUNCH 1pm – Grid 2pm – Games
Chestnuts	Sally Hudson	Buckskins	Bronwyn Pot- ton
Scarlett Howard Emily Busljeta Christie D’Ortenzio Alex Benson Stephanie Williams Rachael Bell Jess Eaton Lauren Williams Lauren Brereton	9.30am – Gear Check 9.45am – Flat - Gravel #1 10.45am – Grid 11.45am – LUNCH 1pm – Horsemastership 2pm – Cross Country/ Pacework	Olivia Skerman Jade Pitrowski Jade Coghlan Kaitlyn Stack Emily Seeary Penny Couper	9.30am – Gear Check 9.45am – Cross Country 10.45am-Flat -gravel#1 11.45am – LUNCH 1pm – Games 2pm – Horsemanship
Bays	Haylee Catley	Browns	Kate Wilson
Abbey Fitzpatrick Lauren Burke Emily Gerdes Kirra Hobbs Elias Garrett	9.30am – Gear Check 9.45am – Grid 10.45am – Flat-Gravel #2 11.45am – LUNCH 1pm – Cross Country 2pm – Games	Claire Skerman Tayla Bennett Mia Pitrowski Rachel Busletja Millie Fitzpatrick Brooke Hoey Jones Kate Taylor Sarah Brophy	9.30am – Gear Check 9.45am – horsemanship 10.45 – Cross country/ pacework 11.45am – LUNCH 1pm – Games 2pm – Grid

Please note that we are unlikely to use the front grass again this rally. Gravel #1 is closest to wetlands, Gravel #2 smaller middle section of gravel & grid will happen on the gravel half closest to club house. In the afternoon, we will run games again as combined groups on the gravel.

Canteen Roster

June

Morning & Lunch BBQ	D'Ortenzio
Canteen shift 1	Appaloosas
Canteen shift 2	Bays
Canteen shift 3	Chestnuts

July

Morning & Lunch BBQ	Ziemer
Canteen shift 1	Appaloosas
Canteen shift 2	Browns
Canteen 3	Blacks

NEWSLETTER CONTRIBUTIONS

Rallyround is put together purely with the contributions it receives from its members. Please send me lots of photos, stories, articles of interest & results so I can keep the newsletter interesting and relevant to our club. Send a funny photo or story that may have occurred with your horse/pony outside club, or your experiences in a competition.

**Please, Please, I need YOU, YOUR KNOWLEDGE,
YOUR EXPERIENCES.....**

Email Linda: lindagrande@bigpond.com

NHPC welcomes sponsorship. If anyone is interested in supporting our club, whilst at the same time promoting a business through sponsorship, please do not hesitate to contact James Fitzpatrick.

Club Contacts

Position	Name	Email	Telephone
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General Member	Scarlett Howard	howardx5@swiftdsl.com.au	9560 7080
General Member	Stephanie Parsons	saparsons@aol.com	9877 3090 0402 472 966
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Uniform Co-ordinator	Andrea Jackson		0439 354 164
Fund Raising			
Rallyround	Linda Grande	lindagrande@bigpond.com	0414 504 866
Canteen	Deb Seeary		

2011 — Club Calendar

Event	Date
PCAV State Championship Games, Flat & Musical Ride	18, 19 June
RALLY	19th June
Monas Pony Club combined training day	26th June
NHPC Committee Meeting	7th July
RALLY	17th July
NHPC Committee Meeting	11th August
RALLY	21st August
NHPC Committee Meeting	8th September
RALLY	18th September
Werribee PC Horse Trials	24th & 25th September
NHPC Committee Meeting	6th October
RALLY	16th October
NHPC COMBINED TRAINING DAY	23rd October
NHPC Committee Meeting	10th November
RALLY	20th November
Presentation Night	TBA
NHPC Committee Meeting	8th December
RALLY XMAS BREAKUP	18th December
Sally Hudson Showjumping Clinics 0412 615 039	
	21st,28th May, 4th,18th June
	2nd,16th,23rd,30th July
Adam Wotton showjumping Clinics - organised by MPC	9th July